



MURRAY, WILSON & ROSE
COUNSELING AND BEHAVIORAL SERVICES

Book Recommendations

- *Beyond the Blues: A Guide to Understanding and Treating Prenatal and Postpartum Depression*
 - Pec Indman and Shoshanna Bennett
- *Cognitive Behavioral Therapy for Perinatal Distress*
 - Amy Wenzel with Karen Kleiman
- *Dropping the Baby and Other Scary Thoughts: Breaking the Cycle of Unwanted Thoughts in Motherhood*
 - Karen Kleiman and Amy Wenzel
- *The Postpartum Husband: Practical Solutions for Living with Postpartum Depression*
 - Karen Kleiman
- *Therapy and the Postpartum Woman: Notes on Healing Postpartum Depression for Clinicians and the Women Who Seek Their Help*
 - Karen Kleiman
- *This Isn't What I Expected: Overcoming Postpartum Depression*
 - Karen Kleiman and Valerie Raskin
- *Tokens of Affection: Reclaiming Your Marriage After Postpartum Depression*
 - Karen Kleiman
- *What Am I Thinking?: Having a Baby After Postpartum Depression*
 - Karen Kleiman